NANCY SANCHEZ PILATES
Teacher Training & Education

2027
Balanced Body® Pilates Instructor Training Schedule

- Location: PYFStudio 9754 Center St., Manassas, VA 20110
- Days/Times Per Module: 2 consecutive Saturdays from 12pm - 8pm

CLICK THIS LINK to see *& register for these modules.*
Once on the Balanced Body® site,
scroll down the EDUCATOR pull-down search box
to find "NancySanchezPilates, LLC" and see my modules.

Reformer 1: January 9 & 16, 2027

Mat 1: February 6 & 13, 2027

Movement Principles & Pilates Essentials: March 6 & 13, 2027

Reformer 1: April 3 & 10, 2027

Mat 1: May 1 & 8, 2027

Reformer 2: June 5 & 12, 2027

Mat 2: July 10 & 17, 2027

Anatomy in 3-Dimensions: August 7 & 14, 2027

Reformer 3: September 11 & 18, 2027

Mat 3: October 9 & 16, 2027

Movement Principles: December 4 &11, 2027

Looking for a CHAIR, CADILLAC/TOWER, or BARRELS module?
Contact me to find dates and set up a module.